

One Main Tap & Grill - Winter Menu

The owners, chef, and staff take pride in offering local meat, dairy, and produce options in our menu. We believe in serving wholesome food that we would want to eat while supporting our local farmers, producers & brewers. We also believe that the fresher a meal is, the better it will taste and the better it is for you, so you'll see "house" and "housemade" in our menu frequently.

Caesar Salad

Fresh romaine, housemade Caesar dressing, parmesan, housemade croutons

Side - 6 / Dinner - 10

Add: Misty Knoll pulled chicken - 3 / anchovies - 2

Garden Salad

Fresh romaine, onion, tomato, cucumber, carrots w/ housemade balsamic vinaigrette

Side - 7 / Dinner - 11

Add: Misty Knoll pulled chicken - 3

Chips & Salsa - 5

House-fried tortilla chips, housemade medium salsa.

Add: housemade guacamole - 2

One Main Wings

1/2 doz. - 6 / Dozen - 12

Dry rub, maple teriyaki, fire hot, spicy buffalo, garlic parmesan, sweet chili, sriracha plum

Choice of housemade ranch or bleu cheese.

- Housemade pickles -

House Chili Bowl - 7

Cornucopia Farm local beef

Not Grandma's Pot Pie

Misty Knoll chicken, carrots, celery, onions & peas topped w/ cheddar & house buttermilk biscuit - 14

Hand Cut Fries - 5

Hand Cut Truffle Fries - 6

Chili Cheese Fries - 8

Handcut fries smothered in our housemade chili and Monterey jack cheese

Pot Pie Fries - 8

New twist on an old favorite. Our housemade chicken pot pie over handcut fries & NY cheddar cheese curds

Nachos

House fried tortilla chips, Monterey jack cheese, Cabot sour cream, house salsa, house guac, house pico de gallo - 9

Add: house chili OR Misty Knoll pulled chicken - 3

Burgers & Sandwiches

Main Burger

Cornucopia Farm local beef, lettuce, onion, on housemade brioche bun w/ handcut fries & pickle - 11

Black Bean Burger

Housemade veggie burger, lettuce, tomato, onion, pesto aioli on housemade brioche bun w/ handcut fries & pickle - 11

Fish Sandwich

Handbreaded seasonal fish on a housemade brioche bun w/ housemade tarter sauce, lettuce, tomato, onion, & handcut fries - 14

Additions - 1 ea:

Cabot cheddar, VT Creamery chevre, swiss, gouda, Monterey jack, bleu, pesto, pesto aioli, caramelized onions, sautéed mushrooms, tomato, jalapeño, GF bun

Additions - 2 ea: Fried egg, bacon

Substitute: Truffle fries - 1, garden or Caesar salad - 2

Flatbreads

Turf Builder

Fresh pesto, spinach, roasted tomato, sautéed mushrooms, caramelized onions, gouda - 10

Land Air

Garlic oil, sautéed mushrooms, caramelized onions, roasted tomato, Misty Knoll pulled chicken, local bacon - 12

Build Your Own

All are built on our housemade naan bread

Choose your sauce - pesto, marinara, roasted garlic oil

Choose your cheese - Cabot cheddar, VT Creamery chevre, swiss, gouda, bleu, Monterey jack,

Choose to top it - 1 ea

Spinach, caramelized onions, roasted tomato, sautéed mushrooms, roasted poblano, jalapeño, local bacon, Misty Knoll pulled chicken

To Drink

Refreshments - 2

Housemade lemonade
cranberry juice, orange juice,
milk, chocolate milk

Coffee - 2

Fresh-brewed Carrier
Coffee Co. Coffee,
regular & decaf

Tea - 2

English breakfast, green,
earl grey, peppermint
Iced Tea: Sweet & Unsweet.

Soda - 2

Pepsi, diet pepsi, root beer,
ginger ale, sierra mist, club
soda

The State of Vermont requires us to tell you that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase of food-borne illness, especially if you have certain medical conditions.